

Marciano DENTAL GROUP

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OFFICE STAFF

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OLGA DEL RIO Patient Specialist

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TOOTH OR CONSEQUENCES

4 MYTHS ABOUT YOUR TEETH

Understanding care for your teeth and gums can be confusing. Here's why you should stay current with a solid dental hygiene program:

Cavities hurt; so, if my teeth don't hurt, they must be ok.

Decay can kill the nerve in the tooth so even big cavities can go undetected without pain.

Home whitening kits are as effective as professional treatments.

Fillings and caps don't whiten so using over the counter kits can be risky to your smile. Your dentist and hygienist can make the best recommendations for a beautiful and healthy smile.

Don't brush your teeth if your gums are bleeding.

Gums bleed due to inflammation caused by plaque; brushing and flossing regularly is the only way to start the process to heal your gums.

Headaches are caused by stress.

Headaches can be triggered by teeth clenching creating an uneven bite. Your dentist can fix this problem.

Don't overlook the importance of good dental health as a part of your overall health. Establish your oral hygiene plan today by calling for an appointment. We strive to make you thrive.

Office hours are Monday to Friday: 9:00am – 5:00pm

Saturday: 9:00am – 2:00pm

Hygienist Hours on Monday, Friday and Saturday Emergency visits scheduled off normal business hours Emergency Phone: (201) 687-0032

"IF YOU IGNORE YOUR TEETH, THEY WILL GO AWAY."

-- Dr. Neil Marciano