



# Marciano DENTAL GROUP

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## TOOTH OR CONSEQUENCES

### WHAT CAUSES GUM BLEEDING?

There are many reasons why gums bleed. In some cases, gums bleed as a sign of gingivitis, the early stages of periodontal disease. If your gums bleed easily when you brush, please remember to speak to your hygienist about it. Your hygienist can give you tips that can help prevent or reverse gingivitis if identified early.

A new flossing routine may trigger bleeding gums as they become used to the flossing between the teeth. This condition should, diminish on its own within a week or so. Another possibility is that some medications, such as blood thinners, may cause your gums to bleed. The pressure that you apply when brushing may also be at the root of bleeding gums. If this is the case, you might resolve it by using an extra soft or soft bristle toothbrush.

If your gums bleed regularly, or enough to worry you, make an appointment with us to ensure nothing is seriously wrong. Don't overlook this important element of your health.

*Office hours are Monday to Friday: 9:00am – 5:00pm*

*Saturday: 9:00am – 2:00pm*

***Hygienist Hours on Monday, Friday and Saturday***

***Emergency visits scheduled off normal business hours***

**Emergency Phone: (201) 687-0032**

**"IF YOU IGNORE YOUR TEETH, THEY WILL GO AWAY."**

*-- Dr. Neil Marciano*